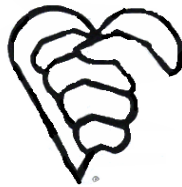


WHAT TOUGHLOVE ASKS FROM ITS MEMBERS



- That they allow themselves time to see how TOUGHLOVE works
- That they initially plan to attend at least 10 consecutive weekly meetings.
- That they give back support to others when they can, because we are a non-profit support group, *not a service*.
- That they use TOUGHLOVE literature and resource materials so we are all speaking the same language.

Toughlove SA acknowledges funding/ assistance received from

Morialta Trust Inc
 United Way South Australia Inc.
 Eventide Systems Pty. Ltd.

NEW MEMBERS ARE ALWAYS WELCOME

I wish to make a tax deductible donation of \$..... to support the work of the TOUGHLOVE Parent Support Group Network in South Australia

Title:..... First Name:.....
 Surname:.....
 Mailing Address:.....

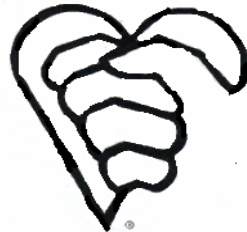
 Number ____/____/____/____ Expiry date:.....
 Bankcard / Visa / Mastercard / Cheque

Please make cheques payable to: TOUGHLOVE South Australia Inc.

Dear Parent,
 We know how lonely and helpless you feel when your kid is in trouble. You are not alone; there are many parents in your community who are having similar problems, and who also are needlessly feeling isolated, guilty and ashamed.

We realise it is hard for you to reach out at a time like this, but we have seen that parents who join a Toughlove Parent Support Group find that their lives dramatically change for the better. Take a risk and come to a parent group so that you can judge for yourself.

David and Phyllis York
 Toughlove Founders



TOUGHLOVE SOUTH AUSTRALIA



Vision

“Embracing tough solutions together”

Mission Statement

“To provide support and education that empowers parents and young people to accept responsibility for their actions.”

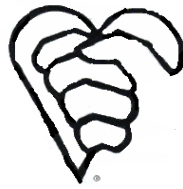
FOR INFORMATION ON THE TOUGHLOVE PROGRAM AND REFERRAL TO LOCAL SUPPORT GROUPS.

PHONE: 1300 365 494

Local call SA only

**TOUGHLOVE SOUTH AUSTRALIA INC.,
 P.O. BOX 86, FINDON SA 5023
 toughlov@arcom.com.au
 PHONE/FAX (08) 8449 2702
 Http://www.toughlove.org**

IS YOUR KID ...



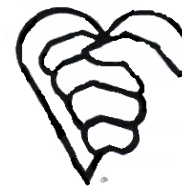
- Rebellious and uncooperative?
- Running away from home?
- Refusing to attend school or seek work
- Experimenting with drugs or alcohol
- Verbally abusive or physically violent to:
 - you or other family members
 - other people in the community
 - school staff or other students
 - police or other authority figures
 - your home or property
 - community property
- In trouble at school
- In trouble with the law

IS YOUR KID'S BEHAVIOUR CAUSING ...

- Concern, worry or fear
- Sleepless nights
- Feelings of guilt or failure as a parent
- Physical or emotional stress
- Conflict or arguments within your family
- Withdrawal from or by your partner
- Loss of time from work or other activities

YOU ARE NOT ALONE! THERE IS HELP AND SUPPORT AVAILABLE FROM OTHER PARENTS WHO ARE EXPERIENCING SIMILAR PROBLEMS

WHAT IS *TOUGHLOVE*?

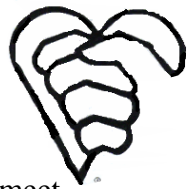


- *TOUGHLOVE* is a non-profit, crisis intervention and education program, offering self help, support and resource sharing to parents, kids in trouble and the professionals working with them ***IT WORKS!***
- *TOUGHLOVE* is an effective support group for the parents of “acting out” kids.
- *TOUGHLOVE* is a combination of philosophy and action which will assist you make positive changes and regain control of family life.
- *TOUGHLOVE* is a network of parents and service providers working together to bring about changes in the lives of kids, parents, families and communities.

WHAT *TOUGHLOVE* IS NOT ...

- *TOUGHLOVE* is not a ‘quick fix’ solution.
- *TOUGHLOVE* is not a service run by professionals. It is a support group run by the parents themselves, using the *TOUGHLOVE* structured program and philosophy.
- *TOUGHLOVE* does not advocate or support physical violence or verbal abuse.
- *TOUGHLOVE* does not advocate or support throwing kids out. We offer options that protect their safety and our responsibility. The reality is that they may not choose these options.

HOW *TOUGHLOVE* WORKS



- We are a group of parents who meet weekly for our own peer support.
- We deal in behaviours not emotions, although emotions are recognised and respected.
- We do not act as professional counsellors. We offer suggestions on ways you may deal with a behaviour or we may offer referrals to helpful professionals from our local resource file.
- We have no affiliation with any religious or political organisation.
- We cannot give you immediate answers to your problems. What we can do is show you that you are not alone, you have rights and worth and deserve to be treated with respect.
- We have a process for change that you can use as a guide. We offer information and support to help you make changes—first for yourself and your well-being and then for your kid.
- We give no guarantees. We do not tell you what to do. We offer suggestions, hope and encouragement. There are no quick solutions. You make your own action plan and get the support you need from the group to follow through with your decision.